

JOB CLUB



goodwill
orange county

Dealing With Job Search and On-the-Job Stress

TOPICS COVERED:

- What is Stress?
- Managing Expectations.
- How to Manage Job Search Stress and Stay Motivated During the Job Search.
- How to Manage On-the Job Stress and Successfully Stay Employed.



**HYBRID
EVENT**

**THURSDAY
AUGUST 8, 2024**

**2:00 P.M.
TO 3:15 P.M.**



ZOOM ID: 869 2868 9440



PASSCODE: 966405



Open to all individuals receiving behavioral health services from within the OC Health Care Agency's behavioral health care system, receiving services at any OC Wellness Centers, or approved contracted residential programs.

RSVP

PLEASE RSVP WITH YOUR EMPLOYMENT SPECIALIST

Any questions, contact our offices at the numbers below. ▼



North Employment WORKS

2250 S. Yale St. #A
Santa Ana, CA 92704
714.638.1741

South Employment WORKS

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Mission Viejo, CA 92691
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